

# Men's Get Into Golf



## Men's Get into Golf Programme

Get into Golf is a programme designed to not only support Golf Clubs in recruiting new members, but also to make golf more accessible to a wider audience. The programme is aimed at beginners who are interested in taking up the game of golf.

## What does the Programme consist of?

- ✚ The 10-week programme consists of six - hour long clinics, broken down into five introductory golf lessons and the final lesson on course. Following on from this there will be a 'Buddy Scheme' initiative introduced where you will be partnered with a member of the club to aid with your integration and well-being
- ✚ After each session, there will be an informal get together for all participants in the Clubhouse
- ✚ The programme will start on Wednesday **23<sup>rd</sup> June 2021**
- ✚ The cost of the 10-week programme is: **€230**
- ✚ This includes:
  - Lessons with a PGA Professional
  - Bomore Membership until the end of 2021

## Where will this take place?

- ✚ Sessions 1-5: The County Sligo Golf Club Practice Area
- ✚ Session 6: On course – Bomore Links

## What time will this take place?


- ✚ Wednesday evenings (time TBC)

## What to wear?

- ✚ If you do not have golf shoes, you can wear comfortable shoes/trainers to get started
- ✚ Neat casual clothing will be suitable for the sessions.

## For further details contact:

[info@countysligogolfclub.ie](mailto:info@countysligogolfclub.ie) or [Sebastian.Vogt@hotmail.com](mailto:Sebastian.Vogt@hotmail.com)

| Session   | Action  | What you need  |
|-----------|---|--|
| Week 1    | <ul style="list-style-type: none"> <li>🚩 Location: The County Sligo Golf Club Practice Area</li> <li>🚩 Lesson with PGA Professional, who will cover the basics of GRIP, STANCE &amp; PITCH</li> </ul>   | <ul style="list-style-type: none"> <li>🚩 Warm clothes</li> <li>🚩 Suitable footwear</li> <li>🚩 CLUBS we will provide</li> </ul> |
| Week 2    | <ul style="list-style-type: none"> <li>🚩 Location: The County Sligo Golf Club Practice Area</li> <li>🚩 Lesson with PGA Professional, who will cover the basics of GRIP, STANCE &amp; PITCH WITH FULL SWING INTRODUCTION</li> </ul>  | <ul style="list-style-type: none"> <li>🚩 Warm clothes</li> <li>🚩 Suitable footwear</li> <li>🚩 CLUBS we will provide</li> </ul> |
| Week 3    | <ul style="list-style-type: none"> <li>🚩 Location: The County Sligo Golf Club Practice Area</li> <li>🚩 Lesson with PGA Professional, who will cover the basics of FULL SWING &amp; PUTTING</li> </ul>   | <ul style="list-style-type: none"> <li>🚩 Warm clothes</li> <li>🚩 Suitable footwear</li> <li>🚩 CLUBS we will provide</li> </ul> |
| Week 4    |  <ul style="list-style-type: none"> <li>🚩 Location: The County Sligo Golf Club Practice Area</li> <li>🚩 Lesson with PGA Professional, who will cover the basics of FULL SWING &amp; GREENSIDE</li> </ul> | <ul style="list-style-type: none"> <li>🚩 Warm clothes</li> <li>🚩 Suitable footwear</li> <li>🚩 CLUBS we will provide</li> </ul> |
| Week 5    | <ul style="list-style-type: none"> <li>🚩 Location: The County Sligo Golf Club Practice Area</li> <li>🚩 Lesson with PGA Professional, who will cover the basics of FULL SWING CONTINUED</li> </ul>   | <ul style="list-style-type: none"> <li>🚩 Warm clothes</li> <li>🚩 Suitable footwear</li> <li>🚩 CLUBS we will provide</li> </ul> |
| Week 6    | <ul style="list-style-type: none"> <li>🚩 Location: The County Sligo Golf Club Bomore Links On Course 2-3 holes</li> </ul>   | <ul style="list-style-type: none"> <li>🚩 Warm clothes</li> <li>🚩 Suitable footwear</li> <li>🚩 CLUBS we will provide</li> </ul> |
| Week 7-10 | <ul style="list-style-type: none"> <li>🚩 Location: The County Sligo Golf Club</li> </ul>  | <ul style="list-style-type: none"> <li>🚩 Warm clothes</li> <li>🚩 Suitable footwear</li> <li>🚩 CLUBS we will provide</li> </ul> |